



Volunteer role description

Jami Ambassador

The Organisation

Jami is a mental health charity that enriches and saves lives impacted by mental illness in the Jewish community.

Since the start of the pandemic, demand for our services has grown exponentially. In 2021 we undertook a thorough review of the needs of the community, to develop a new strategy that will secure the Jewish community's mental health provision. The new strategy sets out a huge agenda for change in scale and provision, which will be developed over the next five years while we continue to run our diverse set of highly professional mental health services:

- Advice and advocacy
- Treatment and support
- Education and campaigning

Jami currently supports over 1,400 individuals, delivering almost 50,000 separate service interactions each year, and reaches thousands more people through education, seminars, work in schools and other organisations. Through our social enterprise community café, Head Room, we raise mental health awareness while delivering mental health support on the high street.

Role Purpose:

- To act as an advocate of Jami within your synagogue / community (in or outside of London)
- To put forward Jami for any fundraising opportunities and promote Jami's activities, events, volunteering and education programme
- To mark awareness days such as the Jami Mental Health Shabbat within your community
- More than 1 person at a synagogue / community is welcome to be a Jami Ambassador

Key Responsibilities:

- Act as a point of contact between Jami and your synagogue community
- Engage in the Jami Mental Health Shabbat
- Raise awareness of mental health in your community
- Arrange discussions/sessions around mental health with guidance from Jami
- Signpost community to Jami services/other mental health services when needed

The person:

- A confident communicator, friendly and approachable
- Ability to set clear boundaries and signpost where necessary – training will be provided
- Good organisational skills
- Commitment to the role and attending relevant training and co-reflections

We can offer you:

- Mental Health First Aid (MHFA) and role-specific training will be provided and is mandatory for all Ambassadors
- Ambassadors to be given a regular, up to date insight into the work of Jami and our services
- Ambassadors are welcome to attend any other volunteer training
- Option to attend Jami volunteer appreciation events
- Group meet ups and co-reflections, which will be a space for peer support, connection and an opportunity to reinforce key messaging, address any issues and learn from each other
- Yearly one on one review with the volunteering service to share feedback and decide whether to commit for a further year

What we need:

- The Jami Ambassador application can be found online at **www.jamiuk.org/ambassador**
- All ambassadors will be required to go through the Jami volunteer recruitment steps including a DBS check. The
- Ambassador application should be endorsed by your community/synagogue (Rabbi/Chairperson/ Board). Please provide details of your endorser through the online application in the space provided.

How to apply

To apply for the role or more information, please email emma.dorman@jamiuk.org