



Volunteer role description

Finchley hub – Group discussion facilitator

Organisation

Jami is a mental health charity that enriches and saves lives impacted by mental illness in the Jewish community.

Since the start of the pandemic, demand for our services has grown exponentially. In 2021 we undertook a thorough review of the needs of the community, to develop a new strategy that will secure the Jewish community's mental health provision. The new strategy sets out a huge agenda for change in scale and provision, which will be developed over the next five years while we continue to run our diverse set of highly professional mental health services:

- Advice and advocacy
- Treatment and support
- Education and campaigning

Jami currently supports over 1,400 individuals, delivering almost 50,000 separate service interactions each year, and reaches thousands more people through education, seminars, work in schools and other organisations. Through our social enterprise community café, Head Room, we raise mental health awareness while delivering mental health support on the high street.

Role Purpose

Our hubs are an important social connection for our members, who come on a regular basis to socialise, meet other people and to engage in meaningful groups and activities. We are looking for a thoughtful and reflective discussion group facilitator, to lead and facilitate discussion groups. This can be around any topic, which will be chosen by the group.

Role responsibilities

- Planning and facilitating a discussion group
- Ensuring that members are clear around the housekeeping rules
- Managing group dynamics and ensuring that everyone has the opportunity to participate
- Managing boundaries and ensuring that the discussion is respectful and considerate

The person

For this role you will need to:

- Have an interest in and awareness of mental health
- Listening, communication and organisational skills
- Be reliable, trustworthy, and honest
- Able to represent Jami's values and lead through example
- Engage with training, support, and supervision when necessary
- Have facilitation skills, and experience in managing and leading group discussions

We can offer you

- Full training and ongoing support from your manager
- Volunteering Handbook with further information regarding our volunteering policies
- Reimbursement of reasonable expenses
- Flexible hours

What we need

- DBS check and two acceptable references
- 3 month commitment minimum, either on a Tuesday, Wednesday or Thursday

How to apply

To apply for the role, please email sophie.chappell@jamiuk.org

Jami is committed to safeguarding and we expect all our volunteers to share this commitment. We welcome applications from Jewish and non-Jewish volunteers and from across the full spectrum of the community.