



Volunteer role description

Kitchen Volunteer

Organisation

Jami is a mental health charity that enriches and saves lives impacted by mental illness in the Jewish community.

Since the start of the pandemic, demand for our services has grown exponentially. In 2021 we undertook a thorough review of the needs of the community, to develop a new strategy that will secure the Jewish community's mental health provision. The new strategy sets out a huge agenda for change in scale and provision, which will be developed over the next five years while we continue to run our diverse set of highly professional mental health services:

- Advice and advocacy
- Treatment and support
- Education and campaigning

Jami currently supports over 1,400 individuals, delivering almost 50,000 separate service interactions each year, and reaches thousands more people through education, seminars, work in schools and other organisations. Through our social enterprise community café, Head Room, we raise mental health awareness while delivering mental health support on the high street.

Role Purpose

We are looking for a kitchen volunteer to support our Hub cook in the kitchen prior to and after our regular meals. This would include helping to clean and clear away the dishes. This will also include a free lunch as part of your role. We are looking for a volunteer for Thursday afternoons.

The person

For this role you will need to:

- Have an interest in and awareness of mental health
- Create a positive and supporting environment
- Listening, communication and organisational skills

- Be reliable, trustworthy, and honest
- Have a caring and non-judgemental approach
- Be flexible
- Able to represent Jami's values and lead through example
- Engage with training, support, and supervision when necessary
- Ability to get to Jami Finchley Centre without complication

We can offer you

- Full and ongoing training
- Flexible days and hours
- Ongoing support, reviews, and supervision
- Networking and social events

What we need

- DBS check
- Acceptable references
- 12-month commitment, 4 hours per month

We welcome applications from Jewish and non-Jewish volunteers and from across the full spectrum of the community.

How to apply

To apply for the role, please email [**Hannah.rosenberg@jamiuk.org**](mailto:Hannah.rosenberg@jamiuk.org)