



Volunteer role description

Head Room Café Volunteer- Sunday

Organisation

Jami is a mental health charity that enriches and saves lives impacted by mental illness in the Jewish community.

Since the start of the pandemic, demand for our services has grown exponentially. In 2021 we undertook a thorough review of the needs of the community, to develop a new strategy that will secure the Jewish community's mental health provision. The new strategy sets out a huge agenda for change in scale and provision, which will be developed over the next five years while we continue to run our diverse set of highly professional mental health services:

- Advice and advocacy
- Treatment and support
- Education and campaigning

Jami currently supports over 1,400 individuals, delivering almost 50,000 separate service interactions each year, and reaches thousands more people through education, seminars, work in schools and other organisations. Through our social enterprise community café, Head Room, we raise mental health awareness while delivering mental health support on the high street.

Role Purpose

We are looking for a passionate and empathetic volunteer to support Head Room's friendly team on a Sunday with a monthly event that runs from 3pm-8:30pm. All our staff are strong mental health advocates and enjoy the culture of the café which is a safe space for the community, and we are looking for someone with the same values.

Role responsibilities

- The role is predominantly made up of working directly with the community and will best suit someone who thrives on building connections, having conversations and cultivating relationships.
- Help host people, welcome them to the event and initiating conversations with people to help them feel connected and valued.
- New people – giving them welcome packs and explaining what we do.

- Helping set-up and set-down the space (moving chairs/tables, setting up materials, water, etc.)
- Supporting the facilitation of one of the tables; art, games or discussion.

The person

For this role you will need to:

- Have an interest in and awareness of mental health
- Listening, communication and organisational skills
- Be reliable, trustworthy, and honest
- Able to represent Jami's values and lead through example
- Engage with training, support, and supervision when necessary
- Ability to get to the Head Room Café in Golders Green without complication

We can offer you

- Full training and ongoing support from your manager
- Volunteering Handbook with further information regarding our volunteering policies
- Reimbursement of reasonable expenses
- Flexible hours

What we need

- DBS check and two acceptable references
- 3-6 month commitment

How to apply

To apply for the role, please email **Hannah.rosenberg@jamiuk.org**

Jami is committed to safeguarding and we expect all our volunteers to share this commitment. We welcome applications from Jewish and non-Jewish volunteers and from across the full spectrum of the community.