



Volunteer role description

Creative Group Volunteer

Organisation

Jami is a mental health charity that enriches and saves lives impacted by mental illness in the Jewish community.

Since the start of the pandemic, demand for our services has grown exponentially. In 2021 we undertook a thorough review of the needs of the community, to develop a new strategy that will secure the Jewish community's mental health provision. The new strategy sets out a huge agenda for change in scale and provision, which will be developed over the next five years while we continue to run our diverse set of highly professional mental health services:

- Advice and advocacy
- Treatment and support
- Education and campaigning

Jami currently supports over 1,400 individuals, delivering almost 50,000 separate service interactions each year, and reaches thousands more people through education, seminars, work in schools and other organisations. Through our social enterprise community café, Head Room, we raise mental health awareness while delivering mental health support on the high street.

Job Purpose

Jami is looking for a volunteer who can run a group in our community hub based in Redbridge. We would like the purpose of this group to be based around a creative endeavour of which we are open to suggestions. This would run for 1-1.5 hours on either a Monday or a Wednesday and we are open to your suggestions as to what type of creative purpose this role will focus on – for example painting or creative writing.

The person

For this role you will need to:

- Ability to develop and deliver content for group activities.
- Be confident speaking in front of large groups of people.
- Have excellent organisation, communication and listening skills

- Create a positive and supporting environment, during these groups
- Be reliable, trustworthy, and honest
- Have a caring and non-judgemental approach
- Be flexible
- Ability to travel to our hub in Redbridge on a weekly basis
- Able to represent Jami's values and lead through example

We can offer you

- Full and ongoing training
- Basic art materials to deliver the session.
- Flexible days and hours
- Induction
- Ongoing support, reviews, and supervision
- Networking and social events
- Annual reflection

What we need

- DBS check
- Acceptable references
- For you to attend and engage with regular supervision
- A commitment from you, to attend our Redbridge hub for 2 hours every month – either on Mondays or Wednesdays

A DBS check will be carried out. Jami is committed to safeguarding and we expect all our volunteers to share this commitment.

We welcome applications from Jewish and non-Jewish volunteers and from across the full spectrum of the community.

How to apply

To apply for the role, please email sophie.chappell@jamiuk.org

