



Volunteer role description

Hub Activity Volunteer

Organisation

Jami is a mental health charity that enriches and saves lives impacted by mental illness and distress in the Jewish community.

Since the start of the pandemic, demand for our services has grown exponentially. In 2021 we undertook a thorough review of the needs of the community, to develop a new strategy that will secure the Jewish community's mental health provision. The new strategy sets out a huge agenda for change in scale and provision, which will be developed over the next five years while we continue to run our diverse set of highly professional mental health services:

- Advice and advocacy
- Treatment and support
- Education and campaigning

Jami currently supports over 1,400 individuals, delivering almost 50,000 separate service interactions each year, and reaches thousands more people through education, seminars, work in schools and other organisations. Through our social enterprise community café, Head Room, we raise mental health awareness while delivering mental health support on the high street.

Role Purpose

Jami has a hub in Finchley which is open three days a week. This is a safe space for our members to come along to, to meet and socialise with other people, have some lunch and to get involved in any of the groups or activities which are delivered as part of the hubs program.

We are currently having a think about running a new group / activity on a Tuesday morning based at the hub, and we are looking for ideas / inspiration around what that activity could be, as well as a volunteer to create, facilitate and deliver this activity.

The person

For this role you will need to:

- Ability to develop and deliver content for group activities.
- Be confident speaking in front of large groups of people.
- Have excellent organisation, communication and listening skills
- Create a positive and supporting environment, during these groups
- Be reliable, trustworthy, and honest
- Have a caring and non-judgemental approach
- Be flexible
- Ability to travel to our hub in Finchley on a weekly basis
- Able to represent Jami's values and lead through example

We can offer you

- Full and ongoing training
- Flexible days and hours
- Induction
- Ongoing support, reviews, and supervision
- Networking and social events
- Annual reflection

What we need

- DBS check
- Acceptable references
- For you to attend and engage with regular supervision
- Six-to-twelve-month commitment

We welcome applications from Jewish and non-Jewish volunteers and from across the full spectrum of the community.

How to apply

To apply for the role, please email sophie.chappell@jamiuk.org