

Volunteer role description

Position	Young Jami Committee
Hours	Part time / Few hours a month
Minimum commitment	2 years

Organisation

Jami is a mental health charity that enriches and saves lives impacted by mental illness and distress in the Jewish community.

Since the start of the pandemic, demand for our services has grown exponentially. In 2021 we undertook a thorough review of the needs of the community, to develop a new strategy that will secure the Jewish community's mental health provision. The new strategy sets out a huge agenda for change in scale and provision, which will be developed over the next five years while we continue to run our diverse set of highly professional mental health services:

- Advice and advocacy
- Treatment and support
- Education and campaigning

Jami currently supports over 1,400 individuals, delivering almost 50,000 separate service interactions each year, and reaches thousands more people through education, seminars, work in schools and other organisations. Through our social enterprise community café, Head Room, we raise mental health awareness while delivering mental health support on the high street.

Young Jami

Young Jami is the young adults/ young professionals committee of Jami. Founded in 2017, it has raised £90,000 in support of Jami through a series of small, medium and large events as well as raising awareness of Jami through social media channels and events. A new chair was recently appointed and we are now recruiting for some additional committee members.

Role Purpose

We are looking for volunteers to join the Young Jami Committee to help raise awareness of mental health and help organise fundraising events.

Responsibilities

- Attend committee meetings
- Take on partial ownership of events with other committee members

Key relationships

- Young Jami Chair
- Jami liaison, currently the Events Manager

The person

For this role you will need to:

- Have an interest in and awareness of mental health
- Use own initiative and work well as a team

Knowledge and Experience

Essential	Desirable
<ul style="list-style-type: none">• Knowledge of the young professional / young adult Jewish community	<ul style="list-style-type: none">• Experience of being part of a committee• Experience in fundraising• Experience in events

To apply for the role, please send your CV to muriel.stempel@jamiuk.org

Closing date for applications is **15 March 2023**.