



The Mental Health Service for our Community

Job description

Job title	Occupational Therapist, Children's and Young Persons Service
Contract	Permanent
Hours	37.5 hours per week
Salary	£28,000 – £34,500 dependant on experience
Service setting	Jami resources, local communities, and virtual support
Responsible to	Children's and Young Persons Services Lead

Organisation

Jami is a mental health charity that enriches and saves lives impacted by mental illness and distress in the Jewish community.

Since the start of the pandemic, demand for our services has grown exponentially. In 2021 we undertook a thorough review of the needs of the community, to develop a new strategy that will secure the Jewish community's mental health provision. The new strategy sets out a huge agenda for change in scale and provision, which will be developed over the next five years while we continue to run our diverse set of highly professional mental health services:

- Advice and advocacy
- Treatment and support
- Education and campaigning

Jami currently supports over 1,400 individuals, delivering almost 50,000 separate service interactions each year, and reaches thousands more people through education, seminars, work in schools and other organisations. Through our social enterprise community café, Head Room, we raise mental health awareness while delivering mental health support on the high street.

Job purpose

Jami's strategy set out radical developments that will transform mental health provision for the community. One of these developments is to:

Establish a service for young people of secondary school age, where there is currently a stark gap in provision for our community.

This role will be working as part of a new multi skilled team to pilot a service that aims to provide early intervention and mild to moderate mental health support for secondary school aged children (ages 11-18) who are experiencing emotional and behavioural issues relating to their mental health.

Furthermore, it aims to bridge the gap between the current wellbeing support provided in schools and the threshold for statutory support for mental ill health. This service will facilitate referrals and signposting to statutory and voluntary sector health and social care services. It will provide evidenced based assessment of need and mental health interventions.

The post holder will work as part of Jami's CYP team and alongside Jami's Care and Family Support team to assess, plan, deliver and evaluate person centred interventions to improve the lives of children, young people experiencing mental ill health.

Responsibilities

- Work as a member of Jami's CYP team supporting children and young people of the Jewish Community experiencing issues with their mental health, in collaboration with key individuals such as families, carers, teachers as appropriate.
- Manage a 1:1 caseload and work effectively using a whole team approach as required.
- Assess and deliver, evidence-based interventions to children and young people experiencing mental health difficulties. Enabling them to identify their goals and work towards them.
- Provide a service, which promotes recovery, identifies people's needs and strengths, is user centered, holistic, and promotes safety and positive risk taking.
- Contribute to the development and delivery of a high quality, needs led, innovative mental health service for children and young people.
- Be involved in carrying out initial assessments, short-term interventions, enabling people to identify their needs
- To gather information, analyse and report on the effectiveness of the service.

- You will meet people in person and use video conferencing technology to support people through 1:1 and group work
- Liaise with appropriate statutory and non-statutory health and social care organisations, schools and further education and signpost where appropriate.
- To maintain up to date and accurate electronic records as required by existing procedures
- Provide specialist occupational therapy and generic assessments, delivering evidenced based holistic interventions.
- Use assessment and outcome tools such as YROC to inform a meaningful support plan in line with the service user involvement strategy. Carry out 3 monthly reviews using YROC to evaluate progress and re-evaluate the support offered.
- Carry out assessment of harmful risk and develop risk management plans collaboratively with the young person.
- Work effectively using a whole team approach as required.
- Create and maintain local partnerships and relationships within the Jewish community and beyond, supporting the development of resilient communities and an environment that enables and supports mental health recovery, and identifies and implements preventative strategies.
- Maintain own personal development and keep up to date with current knowledge and health and social care agenda.
- Maintain awareness of current thinking and new developments in mental health care of young adults
- Work within Health and Safety guidelines, with reference to the Lone Worker Policy and individual risk assessments.
- Compliance with the Equality Act, and health and safety legislation.
- Provide a service which adheres to policies and procedures including following safeguarding and risk assessment practice.
- Attend regular supervision with a named supervisor, incorporating this into practice.
- Attend relevant meetings.
- Participate in the organisation's appraisal process.
- Ensure that all activities are operated consistent with the values of Jami and the Jewish Community with which you serve.
- Carry out any other necessary duties or tasks as requested by your line manager or another designated senior manager.

Key relationships

- Jami's CYP team
- Children, young people, and their families / carers
- Jami's Carer and Family Support Team
- Other Jami services
- External statutory and voluntary sector organisations, including educational settings

Supervision

The post holder will be expected to: -

- Attend regular supervision with named supervisor.
- Incorporate feedback from supervision into practice.
- Participate in a programme of continued personal development.
- Attend relevant meetings

Training and Qualifications

Essential	Desirable
<ul style="list-style-type: none">• Professional qualification in Occupational Therapy<ul style="list-style-type: none">• Registered with HCPC• Maintains a portfolio of CPD in line with regulatory body standards	<ul style="list-style-type: none">• Further qualifications / training in working with Children and Young People in Mental Health• Occupational Therapy practice educator training

Knowledge and Experience

Essential	Desirable
<ul style="list-style-type: none">• 1+ years' experience of working with children and young people with mental health problems.• Complex caseload management• Initial assessment skills	<ul style="list-style-type: none">• Local knowledge of community resources and facilities• Experience and knowledge of the Jewish community• Experience facilitating groups

<ul style="list-style-type: none"> • Risk assessment and risk management skills • Knowledge/Experience of Occupational Therapy based frameworks, models, theories • Working knowledge of Recovery principles and values • Ability to work holistically with individuals and groups • Experience of devising group-based activities which support service users' needs • An understanding of the needs and difficulties of children and young people who experience mental health problems • Ability to develop practical solutions to problems that may arise • Ability to manage own work and prioritise • Ability to interact with staff of all disciplines and work as part of a multidisciplinary team • Ability to form good working relations with professionals from other agencies • An understanding of how mental health problems can impact on all aspects of life including occupational, social and performance needs • Understanding of relevant legislation • Awareness and knowledge of safeguarding children and young people • Ability to gather, analyse and interpret data • An awareness of own learning needs and CPD 	<ul style="list-style-type: none"> • Lived experience of mental illness and distress
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<ul style="list-style-type: none"> • Evidence of participation in evidence-based practice • Good IT skills • Good written and verbal communication skills 	
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Flexibility

To deliver services effectively, a degree of flexibility is needed, and all post-holders may be required to perform work not specifically referred to above. Such duties will fall within the general scope of the job description. The job description will therefore be subject to periodic review with the post holder to ensure it accurately reflects the duties of the job.

Disclosure of criminal background

All employees are checked with the Disclosure Barring Service

If it is a requirement of the post that an enhanced check is undertaken, successful applicants will be asked to complete and sign a Disclosure Form giving permission for the screening to take place.

Having a criminal record will not necessarily bar you from working with Jami. This will depend on the nature of the position and the circumstances and background of offences.

Please note applicants refusing to sign the form will not be progressed further.

Equality and diversity

Jami are proud to be an equal opportunity workplace. We recognise and promote, the positive value of diversity, equality, and challenge discrimination. We welcome and encourage job applications from people of all backgrounds.

Confidentiality

All information relating to service users, volunteers and staff gained through your employment with Jami is confidential. Any disclosure to any unauthorised person is a serious disciplinary offence.

For further details please contact **Maneesha Pathmarajah** on 020 8458 2223 on Maneesha.pathmarajah@jamiuk.org

Closing date for applications:

To apply for the role, please send your CV and covering letter to recruitment@jamiuk.org. Closing date for applications **5th of December 2021**