



The Mental Health Service for our Community

## Job description

<b>Job title</b>	Wellbeing Practitioner Children's and Young Adults Service
<b>Contract</b>	Permanent
<b>Hours</b>	Up to 37.5 hours per week
<b>Salary</b>	£25,000 – £28,000
<b>Service setting</b>	Across Jami locations, local community, and home working.
<b>Responsible to</b>	Children's and Young Persons Services Lead

## Organisation

Jami is a mental health charity that enriches and saves lives impacted by mental illness and distress in the Jewish community.

Since the start of the pandemic, demand for our services has grown exponentially. In 2021 we undertook a thorough review of the needs of the community, to develop a new strategy that will secure the Jewish community's mental health provision. The new strategy sets out a huge agenda for change in scale and provision, which will be developed over the next five years while we continue to run our diverse set of highly professional mental health services:

- Advice and advocacy
- Treatment and support
- Education and campaigning

Jami currently supports over 1,400 individuals, delivering almost 50,000 separate service interactions each year, and reaches thousands more people through education, seminars, work in schools and other organisations. Through our social enterprise community café, Head Room, we raise mental health awareness while delivering mental health support on the high street.

## Job purpose

Jami's strategy set out radical developments that will transform mental health provision for the community. One of these developments is to:

**Establish a service for young people of secondary school age, where there is currently a stark gap in provision for our community.**

This role will be working as part of a new multi skilled team to pilot a service that aims to provide early intervention and mild to moderate mental health support for secondary school aged children (ages 11-18) who are experiencing emotional and behavioural issues relating to their mental health.

Furthermore, it aims to bridge the gap between the current wellbeing support provided in schools and the threshold for statutory support for mental ill health. This service will facilitate referrals and signposting to statutory and voluntary sector health and social care services. It will provide evidenced based assessment of need and mental health interventions.

The post holder will work as part of Jami's CYP team and alongside Jami's Carer and Family Support team to assess, plan, deliver and evaluate person centred interventions to improve the lives of children, young people experiencing mental ill health.

### **Responsibilities**

- Work as a member of Jami's CYP team supporting children and young people of the Jewish Community experiencing issues with their mental health, in collaboration with key individuals such as families, carers, teachers as appropriate.
- Manage a 1:1 caseload and work effectively using a whole team approach as required.
- Assess and deliver evidence-based interventions to children and young people experiencing mild to moderate mental health difficulties. Enabling them to identify their goals and work towards them.
- Working in partnership to support children and young people experiencing mild to moderate mental health difficulties and their families in the self-management of presenting difficulties.
- Liaise with appropriate statutory and non-statutory health and social care organisations, schools and further education and signpost where appropriate.
- To maintain up to date and accurate electronic records as required by existing procedures
- Provide specialist assessments and holistic interventions, using tools such as YROC to inform a meaningful support plan in line with the service user involvement strategy.
- Re-assess using YROC on a three-monthly basis to evaluate progress and re-evaluate the support offered.
- Maintain own personal development and keep up to date with current knowledge and health and social care agenda.
- Maintain awareness of current thinking and new developments in mental health care of children and young people

- Work within Health and Safety guidelines, with reference to the Lone Worker Policy and individual risk assessments.
- Compliance with the Equality Act, and health and safety legislation.
- Provide a service which adheres to policies and procedures including following safeguarding and risk assessment practice.
- To utilise video conferencing, phone and in person meetings to support clients.
- Attend regular supervision with a named supervisor, incorporating this into practice.
- Attend relevant meetings.
- Participate in the organisation's appraisal process.
- Ensure that all activities are operated consistent with the values of Jami and the Jewish Community with which you serve.
- Carry out any other necessary duties or tasks as requested by your line manager or another designated senior manager.

### Key relationships

- Jami's CYP team
- Children, young people, and their families / carers
- Jami's Carer and Family Support Team
- Other Jami services
- External statutory and voluntary sector organisations, including educational settings

### Training and Qualifications

Essential	Desirable
<ul style="list-style-type: none"> <li>• Qualified Educational Mental Health Practitioner, Children's Wellbeing Practitioner, Occupational Therapist, or alternative relevant qualification.</li> <li>• Evidence that relevant qualification is nearing completion will be considered.</li> <li>• Registered with governing bodies as appropriate.</li> </ul>	<ul style="list-style-type: none"> <li>• Further relevant degree qualification or post graduate training CYP / Mental health</li> </ul>

## Knowledge and Experience

Essential	Desirable
<ul style="list-style-type: none"> <li>• Experience of working with children and young people, their families and others in a health care, social care, or school setting</li> <li>• Experience of working with children and young people who have social, emotional and/or behavioural difficulties relating to their mental health</li> <li>• Experience of delivering interventions to children and young people to enhance mental health and wellbeing.</li> <li>• Experience of monitoring and recording outcome measures for children’s emotional wellbeing</li> <li>• Caseload management skills</li> <li>• Initial assessment skills</li> <li>• Risk assessment and risk management skills</li> <li>• Working knowledge of Recovery principles and values</li> <li>• An understanding of service user involvement</li> <li>• Ability to work holistically with individuals and groups</li> <li>• Excellent written and verbal communication skills, ability to communicate with a variety of stakeholders.</li> <li>• Ability to record and report on data</li> <li>• An awareness of own learning needs and CPD</li> <li>• Evidence of participation in evidence-based practice</li> </ul>	<ul style="list-style-type: none"> <li>• Experience of navigating complex social systems and environments, who may have conflicting priorities or agendas</li> <li>• Local knowledge of community resources and facilities</li> <li>• Experience and knowledge of the Jewish community</li> <li>• Experience of devising and facilitating group-based activities which support service users’ needs</li> <li>• Lived experience of mental illness and distress</li> </ul>

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| <ul style="list-style-type: none"><li>• Good IT skills</li></ul> |  |
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### Flexibility

To deliver services effectively, a degree of flexibility is needed, and all post-holders may be required to perform work not specifically referred to above. Such duties will fall within the general scope of the job description. The job description will therefore be subject to periodic review with the post holder to ensure it accurately reflects the duties of the job.

### Disclosure of criminal background

All employees are checked with the Disclosure Barring Service

If it is a requirement of the post that an enhanced check is undertaken, successful applicants will be asked to complete and sign a Disclosure Form giving permission for the screening to take place.

Having a criminal record will not necessarily bar you from working with Jami. This will depend on the nature of the position and the circumstances and background of offences.

Please note applicants refusing to sign the form will not be progressed further.

### Equality and diversity

Jami are proud to be an equal opportunity workplace. We recognise and promote the positive value of diversity, equality and challenge discrimination. We welcome and encourage job applications from people of all backgrounds.

### Confidentiality

All information relating to service users, volunteers and staff gained through your employment with Jami is confidential. Any disclosure to any unauthorised person is a serious disciplinary offence.

For further details please contact **Maneesha Pathmarajah** on 020 8458 2223 or email [maneesha.pathmarajah@jamiuk.org](mailto:maneesha.pathmarajah@jamiuk.org)

To apply for the role, please send your CV and covering letter to [recruitment@jamiuk.org](mailto:recruitment@jamiuk.org).  
Closing date for applications **5<sup>th</sup> of December 2021**