



The Mental Health Service for our Community

## Job description

<b>Job title</b>	Peer Support Worker
<b>Contract</b>	Permanent
<b>Hours</b>	37.5 hours
<b>Salary</b>	£22,516.46 to £24,768.95
<b>Service setting</b>	Across Jami localities Community Support & Hubs & remote

### Organisation

Jami is a mental health charity committed to providing practical and emotional support to the Jewish community, delivering services that educate, support and facilitate recovery.

Since the start of the pandemic, demand for our services has grown exponentially. In 2021 we undertook a thorough review of the needs of the community, to develop a new strategy that will secure the Jewish community's mental health provision. The new strategy sets out a huge agenda for change in scale and provision, which will be developed over the next five years while we continue to run our diverse set of highly professional mental health services:

- Advice and advocacy
- Treatment and support
- Education and campaigning

Jami currently supports over 1,400 individuals, delivering almost 50,000 separate service interactions each year, and reaches thousands more people through education, seminars, work in schools and other organisations. Through our social enterprise community café, Head Room, we raise mental health awareness while delivering mental health support on the high street.

### Job purpose

Peer Support is one of the best forms of therapy for helping people recover from mental distress and its impact on their lives. People who have experienced mental health issues can offer insight and understanding and can draw on their own experiences to help. They can offer an effective complement to the professional support offered by trained mental health

workers. To this end, Jami is looking for someone who understands and who is committed to the values of peer support and who is able to develop this new role in a sensitive and innovative way.

You will be working as part of our Community Support and Hubs team to support people on both a 1:1 basis and within our hub settings. You will carry out initial assessments, reviews and long-term interventions enabling people to identify their needs and goals.

### Key relationships

- Working as a member of the Community Support and Hubs team to support people with mental health problems
- Working within a multi-disciplinary team including social workers, Occupational Therapists, Peer Support Workers and Centre Coordinators.
- Collaborate with other agencies and ensure that service users are signposted onto appropriate agencies such as housing, counselling and advice
- Liaise with the local community to provide good working partnerships, promote the peer support service and to reduce stigma
- Attend local meetings, workshops and conferences of relevance to the service

### Responsibilities

1. To deliver a peer support service to people using Jami services
2. To work as part of a multi skilled team to deliver a recovery focused mental health service.
3. To carry out initial assessments and periodic reviews
4. To carry a 1:1 caseload
5. Build positive and supportive relationships with service users to enable them to develop their recovery plans, aspirations and goals.
6. Assist people setting realistic and positive goals and support people to review their progress.
7. To model/mentor a recovery process and demonstrate coping skills, using own experience of recovery to inspire hope
8. To support the team in promoting the role of Peer Support Worker and to raise awareness of what recovery means, contributing to any local research/evaluation of this new role
9. Provide practical support to service users in gaining choice, meaning and purpose of life and independence whilst maintaining dignity and respect.
10. Share personal recovery experiences appropriately, enabling individuals to recover.

11. Support service users in the development of personal and life skills with the aim of attaining greater independence and self-esteem, providing emotional support necessary to do so.
12. Ensure confidentiality of the service and that the service users are respected at all times.
13. Maintain clear, accurate individual records using Apricot database system
14. Ensure tools for measuring outcomes are used during the course of working with individuals and groups
15. Maintain own personal development and keep up to date with current knowledge and health and social care agenda through reading, attending study days, conferences and meetings as appropriate
16. Work within Health and Safety guidelines, with reference to the Lone Worker Policy and individual risk assessments
17. Compliance with the Equality Act, and Health and Safety legislation
18. Attend regular supervision with named supervisor
19. Participate in the organisation's appraisal process
20. Ensure that all activities are operated in a way which is consistent with the values of Jami and the Jewish community it serves.
21. Carry out any other reasonable duties as requested by your line manager or another designated senior manager

### Training and Qualifications

Essential	Desirable
<ul style="list-style-type: none"> <li>• Willingness to undertake Peer Support training</li> </ul>	<ul style="list-style-type: none"> <li>• Peer Support training</li> <li>• Mental Health First Aid</li> <li>• Risk Assessment training</li> <li>• Group facilitation skills</li> </ul>

### Knowledge and Experience

Essential	Desirable

- Experience of using mental health services
- 1.5+ years' experience working in mental health and/or social care
- An understanding of the needs and difficulties of people who experience mental health problems.
- Ability to use own mental health experiences to support others
- Experience carrying out assessments
- Knowledge of equal opportunities
- An understanding of recovery & the factors that inhibit this
- Ability to develop practical solutions to problems that may arise.
- Ability to interact with staff of all disciplines and work as part of a multidisciplinary team.
- Ability to form good working relations with professionals from other agencies
- Ability to work independently and as part of a team
- Good IT skills, including the ability to use Microsoft Office and video conferencing
- Strong written and verbal communication skills
- Ability to build rapport and support people remotely through telephone calls and video conferencing
- Ability to manage personal stress

- Personal experience of using mental health services and/or mental health problems, distress or trauma.
- Experience and knowledge of the Jewish community
- Local knowledge of community resources and facilities
- Working in a complex and changing environment

### Supervision

The post holder will be expected to: -

- Attend regular supervision with named supervisor.

- Incorporate feedback from supervision into practice.
- Attend relevant meetings

### Flexibility

To deliver services effectively, a degree of flexibility is needed, and all post-holders may be required to perform work not specifically referred to above. Such duties will fall within the general scope of the job description. The job description will therefore be subject to periodic review with the post holder to ensure it accurately reflects the duties of the job. The post will include face to face meetings with service users across Jami sites as well as remote working where required.

### Disclosure of criminal background

All employees are checked with the Disclosure Barring Service

If it is a requirement of the post that an enhanced check is undertaken, successful applicants will be asked to complete and sign a Disclosure Form giving permission for the screening to take place.

Having a criminal record will not necessarily bar you from working with Jami. This will depend on the nature of the position and the circumstances and background of offences.

Please note applicants refusing to sign the form will not be progressed further.

### Equality and diversity

Jami are proud to be an equal opportunity workplace. We recognise and promote, the positive value of diversity, equality and challenge discrimination. We welcome and encourage job applications from people of all backgrounds.

### Confidentiality

All information relating to service users, volunteers and staff gained through your employment with Jami is confidential. Any disclosure to any unauthorised person is a serious disciplinary offence.

For further details please contact **Lauren Turk** on 020 8458 2223 or email [lauren.turk@jamiuk.org](mailto:lauren.turk@jamiuk.org)

To apply for the role, please send your CV and covering letter to [recruitment@jamiuk.org](mailto:recruitment@jamiuk.org). Closing date for applications **Friday 15<sup>th</sup> October**.

Please note when submitting your application, you must clearly state how you meet the job requirements in your covering letter as this forms part of our shortlisting process.