



The Mental Health Service for our Community

## Job description

<b>Job title</b>	Peer Support Worker (Vocation and Young Adults Service)
<b>Contract</b>	Permanent
<b>Hours</b>	Up to 37.5 hours per week
<b>Salary</b>	£19,860 to £24,280
<b>Service setting</b>	Jami resources, local communities, and virtual support
<b>Responsible to</b>	Vocational Initiatives Manager/ Y.ROC Lead

### Organisation

Jami is a mental health charity committed to providing practical and emotional support to the Jewish community, delivering services that educate, support and facilitate recovery.

Jami help people with mental illness build resilience, achieve their goals and have control over their life through Community Hubs and outreach; education and training; and bespoke recovery support plans.

Jami currently:

- Supports around 1,300 service users at any one time living with mental ill health
- Delivers approximately 27,000 separate provisions of service annually
- Operates programmes from four Community Hubs and two Enterprise Hubs across London
- Reaches thousands more people each year through education, seminars, work in schools and other organisations, and through our social enterprises.

### Job purpose

Peer Support is one of the best forms of therapy for helping people recover from mental health issues and its impact on their lives. People who have experienced mental health issues can offer insight and understanding and can draw on their own experiences to help and inspire. The role involves developing empowering relationships, sharing experiences in

a way that inspires hope, and support. The Peer Support Worker role can offer an effective complement to the co-delivery of support as a member of the developing Young Adults Service.

- You will be working as part of the developing Vocational and Young Adults Service, creating links with the relevant organisations to support people.
- Establish a network of relationships with educational, vocational and leisure facilities.
- To assess peoples' employment/vocational needs, understanding their challenges, career ambitions, strengths and development needs.
- Mentor, coach and inspire people to achieve vocation related goals through relevant support, placements or through accessing external employment services.
- Provide outreach support to Young Adults in line with a "whole team approach" working with key individuals in mutually agreed settings.
- Contribute to the development and delivery of a high quality, needs led, innovative mental health service for Young Adults and those using our Vocational Service.
- Be involved in carrying out initial assessments, short-term interventions and enabling people to identify their needs.
- You will meet people in person and use video conferencing technology to support people through 1:1 and group work. Due to the hybrid of virtual and in person support, we will consider applicants who are able to work from London 5 days per month.

### Responsibilities

- To deliver a peer support service to Young Adults using Jami services which is strengths based, uses a whole person approach, is forward looking, solution focused and generates hope, in addition to promoting resilience and a strengthened ability to cope with challenges.
- To work as a member of the developing Vocational and Young Adults Service to deliver a recovery focused mental health service.
- Work in collaboration with other community partners (e.g. Resource, Work Avenue, JVN) to find suitable employment, education and volunteering opportunities.
- Assess and re-assess using I.ROC/ Y-ROC on a three-monthly basis to evaluate progress and re-evaluate the support offered.
- To carry a 1:1 caseload.

- Build positive, respectful and supportive relationships with the young adults to enable them to develop their recovery plans, aspirations and goals.
- Assist people setting realistic and positive goals and support people to review their progress.
- To model/mentor a recovery process and demonstrate coping skills, using your own experience of recovery to inspire hope
- To support the team in promoting the role of Peer Support Worker and to raise awareness of what recovery means, contributing to any local research/evaluation of this new role.
- Provide practical support to (young) adults in gaining choice, meaning and purpose of life and independence whilst maintaining dignity and respect.
- Share personal recovery experiences appropriately, supporting individuals with their recovery.
- Support (young) adults in the development of personal and life skills with the aim of attaining greater independence and self-esteem and provide emotional support where necessary.
- Supporting (young) adults through the transitions such as from hospital to home, and to community-based supports including vocation, education or employment.
- Ensure confidentiality of the service and that the young adults are respected at all times.
- Maintain clear, accurate individual records using Apricot database system.
- Ensure tools for measuring outcomes are used during the course of working with individuals and groups
- Maintain own personal development and keep up to date with current knowledge and health and social care agenda through reading, attending study days, conferences and meetings as appropriate.
- Work within Health and Safety guidelines, with reference to the Lone Worker Policy and individual risk assessments.
- Compliance with the Equality Act, and Health and Safety legislation.
- Attend regular supervision with named supervisor.
- Participate in the organisation's appraisal process.
- Ensure that all activities are operated in a way which is consistent with the values of Jami and the Jewish community it serves.
- Carry out any other reasonable duties as requested by your line manager or another designated senior manager.

## Key relationships

- Working as a member of the Vocation and Young Adults Service to support people with mental health difficulties within the Jewish community.
- Collaborate with other agencies and ensure that service users are signposted onto appropriate agencies such as housing, counselling, employment and advice.
- Liaise with the local community to provide good working partnerships, promote the peer support service and to reduce stigma.
- Attend local meetings, workshops and conferences of relevance to the service.
- Establish a network of relationships with educational, vocational and leisure facilities as required.
- Provide outreach support to young adults in line with a “whole team approach” working with key individuals in mutually agreed settings.

## Training and Qualifications

Essential	Desirable
	<ul style="list-style-type: none"> <li>• Peer Support Training</li> <li>• Group facilitation training</li> </ul>

## Knowledge and Experience

Essential	Desirable
<ul style="list-style-type: none"> <li>• Experience of using mental health services</li> <li>• Managing personal mental health problems &amp; recovery</li> <li>• Using personal experience of mental health problems to support and empower others</li> <li>• Able to work 1-1 and as a team</li> <li>• Strong verbal and written communication skills</li> </ul>	<ul style="list-style-type: none"> <li>• knowledge of community resources and facilities</li> <li>• Experience and knowledge of the Jewish community</li> <li>• Working in partnership with other agencies</li> <li>• Working in a complex and changing environment</li> <li>• Mentoring, coaching or other relevant experience</li> <li>• Experience of working with Young Adults</li> </ul>

<ul style="list-style-type: none"> <li>• Ability to use and understand IT including Microsoft Office and Internet</li> <li>• Ability to work independently</li> <li>• Knowledge of equal opportunities</li> <li>• A good understanding of recovery &amp; the factors that promote and inhibit this</li> <li>• Ability to manage challenging situations</li> <li>• Ability to engage &amp; support people with mental health problems</li> <li>• Ability to use own mental health experiences to support others</li> <li>• Well organised and self-motivated, good problem solving and decision-making skills.</li> </ul>	<ul style="list-style-type: none"> <li>• Experience of working within a vocational rehabilitation/ employment setting.</li> <li>• Vocational skills assessments</li> <li>• Knowledge of DWP benefits and Access to Work</li> </ul>
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### Flexibility

To deliver services effectively, a degree of flexibility is needed, and all post-holders may be required to perform work not specifically referred to above. Such duties will fall within the general scope of the job description. The job description will therefore be subject to periodic review with the post holder to ensure it accurately reflects the duties of the job.

### Disclosure of criminal background

All employees are checked with the Disclosure Barring Service

If it is a requirement of the post that an enhanced check is undertaken, successful applicants will be asked to complete and sign a Disclosure Form giving permission for the screening to take place.

Having a criminal record will not necessarily bar you from working with Jami. This will depend on the nature of the position and the circumstances and background of offences.

Please note applicants refusing to sign the form will not be progressed further.

## Equality and diversity

Jami are proud to be an equal opportunity workplace. We recognise and promote, the positive value of diversity, equality, and challenge discrimination. We welcome and encourage job applications from people of all backgrounds.

## Confidentiality

All information relating to service users, volunteers and staff gained through your employment with Jami is confidential. Any disclosure to any unauthorised person is a serious disciplinary offence.

For further details please contact **Maneesha Pathmarajah** on 020 8458 2223 or email [maneesha.pathmarajah@jamiuk.org](mailto:maneesha.pathmarajah@jamiuk.org)

To apply for the role, please send your CV and covering letter to [recruitment@jamiuk.org](mailto:recruitment@jamiuk.org).  
Closing date for applications **Sunday 11<sup>th</sup> of October 2020**.