



The Mental Health Service for our Community

## Job description

<b>Job title</b>	Occupational Therapist (Vocation and Young Adults Services)
<b>Contract</b>	Permanent
<b>Hours</b>	Up to 37.5 hours per week
<b>Salary</b>	£25,000 to £30,000, dependent on experience
<b>Service setting</b>	Jami resources, local communities, and virtual support
<b>Responsible to</b>	Vocational Initiatives Manager/ Y.ROC Lead

### Organisation

Jami is a mental health charity committed to providing practical and emotional support to the Jewish community, delivering services that educate, support and facilitate recovery.

Jami help people with mental illness build resilience, achieve their goals and have control over their life through Community Hubs and outreach; education and training; and bespoke recovery support plans.

Jami currently:

- Supports around 1,300 service users at any one time living with mental ill health
- Delivers approximately 27,000 separate provisions of service annually
- Operates programmes from four Community Hubs and two Enterprise Hubs across London
- Reaches thousands more people each year through education, seminars, work in schools and other organisations, and through our social enterprises.

### Job purpose

- You will be working across Jami's Vocational and Young Adults Services with the aim of delivering services to young adults and those requiring support to access vocational activity (volunteering, education/ training, paid employment).

- Establish a network of relationships with educational, vocational and leisure facilities.
- Provide outreach support to Young Adults in line with a “whole team approach” working with key individuals in mutually agreed settings.
- Contribute to the development and delivery of a high quality, needs led, innovative mental health service for Young Adults and those using our Vocational Service.
- Be involved in carrying out initial assessments, short-term interventions, enabling people to identify their needs and service evaluation.
- You will meet people in person and use video conferencing technology to support people through 1:1 and group work. Due to the hybrid of virtual and in person support, we will consider applicants who are able to work from London 5 days per month

### Responsibilities

- Work as a member of the developing Young Adults and Vocational Services. Supporting members of the Jewish Community experiencing issues with their mental health, in collaboration with key individuals such as families, carers, teachers as appropriate.
- Manage a 1:1 caseload.
- Support (young) adults with their recovery journey enabling them to identify their goals and work towards them.
- Provide a service, which promotes recovery, identifies people’s needs and strengths, is user centered, holistic, and promotes safety and positive risk taking.
- Work in collaboration with other community partners (e.g. Resource, Work Avenue, JVN) to find suitable employment, education and volunteering opportunities
- Participate in the setting up and running of service user groups.
- To maintain up to date and accurate electronic records as required by existing procedures
- Liaise with appropriate statutory and non-statutory organisations and signpost where appropriate.
- Provide specialist assessments and holistic interventions, using tools such as I.ROC/Y.ROC, to inform a meaningful support plan in line with the service user involvement strategy.
- Re-assess using I.ROC/ Y-ROC on a three-monthly basis to evaluate progress and re-evaluate the support offered.
- Work effectively using a whole team approach as required.

- Create and maintain local partnerships and relationships within the Jewish community and beyond, supporting the development of resilient communities and an environment that enables and supports mental health recovery, and identifies and implements preventative strategies.
- Maintain own personal development and keep up to date with current knowledge and health and social care agenda.
- Maintain awareness of current thinking and new developments in mental health care of (young) adults
- Work within Health and Safety guidelines, with reference to the Lone Worker Policy and individual risk assessments.
- Compliance with the Equality Act, and health and safety legislation.
- Provide a service which adheres to policies and procedures including following safeguarding and risk assessment practice.
- To utilise video conferencing in order to support clients.
- Attend regular supervision with a named supervisor, incorporating this into practice.
- Attend relevant meetings.
- Participate in the organisation's appraisal process.
- Ensure that all activities are operated consistent with the values of Jami and the Jewish Community with which you serve.
- Carry out any other necessary duties or tasks as requested by your line manager or another designated senior manager.

### Supervision

The post holder will be expected to: -

- Attend regular supervision with named supervisor.
- Incorporate feedback from supervision into practice.
- Participate in a programme of continued personal development.
- Attend relevant meetings

## Training and Qualifications

Essential	Desirable
<ul style="list-style-type: none"> <li>Professional qualification in Occupational Therapy (or evidence that this qualification is soon to be awarded)               <ul style="list-style-type: none"> <li>Registered with HCPC and BAOT (or evidence that registration is soon to be completed)</li> </ul> </li> <li>Maintains a portfolio of CPD in line with regulatory body standards</li> </ul>	<ul style="list-style-type: none"> <li>Further qualifications in working with Young Adults in Mental Health</li> </ul>

## Knowledge and Experience

Essential	Desirable
<ul style="list-style-type: none"> <li>Experience of working with adults with mental health problems</li> <li>Caseload management</li> <li>Initial assessment skills</li> <li>Risk assessment and risk management skills</li> <li>Working knowledge of Recovery principles and values</li> <li>An understanding of service user involvement</li> <li>Ability to work holistically with individuals and groups</li> <li>Experience of devising group-based activities which support service users' needs</li> </ul>	<ul style="list-style-type: none"> <li>Experience of working with Young Adults</li> <li>Experience of working within a vocational rehabilitation/ employment setting.</li> <li>Vocational skills assessments</li> <li>Knowledge of DWP benefits and Access to Work</li> <li>Local knowledge of community resources and facilities</li> <li>Experience and knowledge of the Jewish community</li> <li>Ability to gather, analyse and interpret data</li> <li>Experience facilitating groups</li> <li>Lived experience of mental illness</li> </ul>

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| <ul style="list-style-type: none"> <li>• An understanding of the needs and difficulties of (young) people who experience mental health problems</li> <li>• Ability to develop practical solutions to problems that may arise</li> <li>• Ability to interact with staff of all disciplines and work as part of a multidisciplinary team</li> <li>• Ability to form good working relations with professionals from other agencies</li> <li>• Ability to form good working relationships with young people who have mental health problems</li> <li>• An understanding of the link between occupation and health and wellbeing</li> <li>• An understanding of how mental health problems can impact on all aspects of life including occupational, social and performance needs</li> <li>• An awareness of own learning needs and CPD</li> <li>• Evidence of participation in evidence-based practice</li> <li>• Good IT skills</li> <li>• Good written and verbal communication skills</li> </ul> |  |
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### Flexibility

To deliver services effectively, a degree of flexibility is needed, and all post-holders may be required to perform work not specifically referred to above. Such duties will fall within the general scope of the job description. The job description will therefore be subject to periodic review with the post holder to ensure it accurately reflects the duties of the job.

### Disclosure of criminal background

All employees are checked with the Disclosure Barring Service

If it is a requirement of the post that an enhanced check is undertaken, successful applicants will be asked to complete and sign a Disclosure Form giving permission for the screening to take place.

Having a criminal record will not necessarily bar you from working with Jami. This will depend on the nature of the position and the circumstances and background of offences.

Please note applicants refusing to sign the form will not be progressed further.

### Equality and diversity

Jami are proud to be an equal opportunity workplace. We recognise and promote, the positive value of diversity, equality, and challenge discrimination. We welcome and encourage job applications from people of all backgrounds.

### Confidentiality

All information relating to service users, volunteers and staff gained through your employment with Jami is confidential. Any disclosure to any unauthorised person is a serious disciplinary offence.

For further details please contact **Maneesha Pathmarajah** on 020 8458 2223 on [Maneesha.pathmarajah@jamiuk.org](mailto:Maneesha.pathmarajah@jamiuk.org)

To apply for the role, please send your CV and covering letter to [recruitment@jamiuk.org](mailto:recruitment@jamiuk.org).  
Closing date for applications **Sunday 11<sup>th</sup> of October 2020**.