



The Mental Health Service for our Community

Current volunteering opportunities

Autumn and Winter 2020

About us

Jami was established in 1989 by parents, relatives and friends of people who experienced mental health difficulties. Since then, our committed and highly valued volunteers have played a key role in helping us to support people in the community.

Since March, our services have adapted so that we can continue to support our members, and our volunteers have been instrumental in facilitating that change.

Jami welcomes applications from Jewish and non-Jewish people from the whole spectrum of the community. We are committed to safeguarding and ask all employees and volunteers to share this commitment, and so an enhanced DBS check for any role will be required.

Below are our current volunteering opportunities, and you can apply via our website or get in touch with Kelvin Zane at kelvin.zane@jamiuk.org if you would like to discuss any of the roles in further detail.

Meal delivery volunteer – Collection from JW3 and/or Jewish Care (N11)

One of the ways that Jami has adapted since lockdown is to provide meal deliveries to some of our members. This includes a friendly door-step chat to reduce loneliness and help members to feel more engaged with the community.

Collection on Tuesdays is from Jewish Care (N11) between 9.30-11.30, and Thursdays from JW3 at 1pm. If this is something you would like to be involved with, please do get in touch!

Compeer – Befriending

We are looking for friendly, empathetic, and committed Compeer volunteers to help provide a meaningful social connection as part of our 1:1 befriending programme. With social distancing and lockdowns, loneliness and isolation are sadly becoming more common, and just one phone call a week can make a big difference.

At the moment, Compeer is over the phone and via Zoom, but as restrictions ease in the future this can move to face-to-face.

Thank you for your time and interest in volunteering for Jami