



The Mental Health Service for our Community

Job description

Job title	Young Adults Occupational Therapist
Contract	Permanent
Hours	37.5 hours per week
Location	Across Jami services and local communities.
Grade	Band 6
Responsible to	Vocational Services Manager / Y.ROC lead
DBS check required	Enhanced

Organisation

Jami is the Jewish community's mental health service and for 30 years has been committed to providing practical and emotional support for the mental health of the Jewish community. Jami supports everyone affected by a mental health problem – whether they are the person with a diagnosis, a friend, relative, place of education, or employer. Jami helps by delivering services that enable independence and build resilience in addition to supporting the management of symptoms of mental health issues through community hubs and outreach, education and training and bespoke recovery support plans.

Jami is committed to establishing a Young Adults Service for people aged 16 to 25 within the Jewish Community, following an ethos of prevention, early intervention, and recovery. This is a new role within the Young Adults Service created to support the development and delivering of holistic support for young adult's mental health needs, working in partnerships as required.

Job purpose

- Be a member of the Young Adults Service with responsibility for the delivery of services to young people within the Jewish community experiencing mental health difficulties.
- Establish a network of relationships with educational, vocational and leisure facilities.

- Provide outreach support to Young Adults in line with a “whole team approach” working with key individuals in mutually agreed settings.
- Contribute to the development and delivery of a high quality, needs led, innovative mental health service for Young Adults.
- Be involved in service evaluation.
- Develop and implement preventative strategies

Duties and Responsibilities

- Work as a member of the developing Young Adults Service. Supporting members of the Jewish Community experiencing issues with their mental health, in collaboration with key individuals such as families, carers, teachers as appropriate.
- Manage a 1:1 caseload.
- Support young adults with their recovery journey enabling them to identify their goals and work towards them.
- Provide a service, which promotes recovery, identifies people’s needs and strengths, is user centered, holistic, and promotes safety and positive risk taking.
- Participate in the setting up and running of service user and carer groups, which promote confidence building, meaningful occupation and recovery.
- Liaise with appropriate statutory and non-statutory organisations and signpost where appropriate.
- Provide an outreach approach.
- Provide specialist assessments and holistic interventions, using tools such as Y.ROC, to inform a meaningful support plan in line with the service user involvement strategy.
- Re-assess using Y-ROC on a three-monthly basis to evaluate progress and re-evaluate the support offered.
- Use the Y.ROC assessments for evaluation and help inform future service needs.
- Work effectively using a whole team approach as required.
- Contribute towards the process of clinical governance and quality improvement initiatives, ensuring there is a robust monitoring and audit programme in place
- Create and maintain local partnerships and relationships within the Jewish community and beyond, supporting the development of resilient communities and an environment that enables and supports mental health recovery, and identifies and implements preventative strategies.
- Maintain own personal development and keep up to date with current knowledge and health and social care agenda.

- Maintain awareness of current thinking and new developments in mental health care of young adults.
- Work within Health and Safety guidelines, with reference to the Lone Worker Policy and individual risk assessments.
- Compliance with the Equality Act, and health and safety legislation.
- Provide a service which adheres to policies and procedures including following safeguarding and risk assessment practice.
- Attend regular supervision with a named supervisor, incorporating this into practice.
- Attend relevant meetings.
- Participate as a supervisor for trainees, volunteers and other staff members as appropriate to your level of experience and in line with your line managers guidance.
- Participate in the organisation's appraisal process.
- Ensure that all activities are operated consistent with the values of Jami and the Jewish Community with which you serve.
- Carry out any other necessary duties or tasks as requested by your line manager or another designated senior manager.

Flexibility

To deliver services effectively, a degree of flexibility is required, and all post-holders may be required to perform work not specifically referred to above. The job description will be subject to periodic review with the post-holder to ensure it accurately reflects the duties of the job and enables the role to evolve in accordance with the developing needs of the service.

Disclosure of criminal background

All employees are checked with the Disclosure Barring Service

If it is a requirement of the post that an enhanced check is undertaken, successful applicants will be asked to complete and sign a Disclosure Form giving permission for the screening to take place.

Having a criminal record will not necessarily bar you from working with Jami. This will depend on the nature of the position and the circumstances and background of offences.

Please note applicants refusing to sign the form will not be progressed further.

Confidentiality

All information relating to service users, volunteers and staff gained through your employment with Jami is confidential. Any disclosure to any unauthorised person is a serious disciplinary offence.

Person Specification

Training and Qualifications

Essential	Desirable
<ul style="list-style-type: none"> Professional qualification in Occupational Therapy Registered with HCPC and relevant professional body. Maintains a portfolio of CPD in line with regulatory body standards 	<ul style="list-style-type: none"> Further qualifications in working with Young Adults in Mental Health

Knowledge and Experience

Essential	Desirable
<ul style="list-style-type: none"> Experience of working with young adults with mental health problems Caseload management Initial assessment skills Risk assessment and risk management skills Working knowledge of Recovery principles and values An understanding of service user involvement Ability to work holistically with individuals and groups Experience of devising group-based activities which support service users' needs An in-depth understanding of Occupational Therapy theory and models of practice. An understanding of the needs and difficulties of young people who experience mental health problems 	<ul style="list-style-type: none"> Two years qualified experience Local knowledge of community resources and facilities Experience and knowledge of the Jewish community Supervision of trainees Evaluation and auditing skills Experience of working in partnership with families, carers Strong networking skills Ability to work in an evolving and developing environment

<ul style="list-style-type: none"> • Ability to develop practical solutions to problems that may arise • Ability to interact with staff of all disciplines and work as part of a multidisciplinary team • Ability to form good working relations with professionals from other agencies • Ability to form good working relationships with young people who have mental health problems • An understanding of the link between occupation and health and wellbeing • An understanding of how mental health problems can impact on all aspects of life including occupational, social and performance needs • An awareness of own learning needs and CPD • Evidence of participation in evidence- based practice • Good IT skills • Good written and verbal communication skills 	
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- For further details please contact Maneesha Pathmarajah on 020 8458 2223 or email Maneesha.Pathmarajah@jamiuk.org
- Closing date for applications **Friday 28th February**
- Interviews are likely to take place week commencing **Monday 9th March**
- To apply for the role, please send your CV and covering letter to recruitment@jamiuk.org