



The Mental Health Service for our Community

Job description

Job title	Peer Support Worker
Contract	permanent
Hours	22.5
Salary	£19,289 to £23,576 FTE
Service setting	Head Room Café, Golders Green

Organisation

Jami was established in 1989 by parents, relatives and friends of people who experienced mental health difficulties. In 2013 Jami became responsible for the community's non-residential mental health provision, creating a single mental health service for the Jewish community.

Job purpose

Jami opened the social enterprise Head Room Café on Golders Green Road to provide informal support to the community, taking the subject of mental health out of an institutional context and onto the high street. The café has developed a wellbeing programme that offers opportunities for people to be part of a mutually supportive and inclusive community, in a relaxed and fun environment. The programme tackles social isolation and creatively challenges the silence, ignorance and discrimination that affects people who struggle with their mental health. The aim is to raise awareness and understanding of mental health and better ways of responding to distress.

Head Room Café's Wellbeing Programme has been developed with Intentional Peer Support Principals and Tasks at its heart. We are now looking to recruit an experienced Peer Support Worker to help develop and deliver our growing provision. We would like to increase our provision for underrepresented groups, which would involve the Peer Support Worker working with the Programme Coordinator in identifying these groups and developing our provision. We have already identified that young people (under the age of 35) are underrepresented.

Key relationships

- Work closely with Head Room Café Programme Coordinator, Café team and Café volunteers to develop the Head Room Cafe community
- Work closely with Head Room Café Programme Coordinator and Marketing Team to increase awareness of our Wellbeing Programme
- Work with the Community Team and Jami Hubs to support people with mental health problems access the café community
- Collaborate with other agencies and ensure that people at the café who would like support are signposted onto appropriate agencies such as housing, advocacy, counselling and advice
- Liaise with the local community to provide good working partnerships, promote the peer support service and to reduce stigma and discrimination
- Attend meetings, workshops and conferences of relevance to the Head Room Café provision and Jami's peer support Service.

Principal accountabilities/responsibilities

1. Draw on Intentional Peer Support Tasks and Principals and lived experience when building relationships, facilitating groups and service development.
2. Develop the Wellbeing Programme at the café alongside Programme Coordinator, café team and volunteers.
3. Develop the provision for and engagement with underrepresented groups including young people (under 35s) at café
4. Develop and deliver the 'Heads Up' role at the café which includes 1-to-1 informal support and signposting
5. Develop and facilitate groups and events at the café with Programme Coordinator and volunteers.
6. Prepare social media posts to raise awareness of café activities and spread it's values.
7. Develop Jami's peer support service with peer support workers across Jami teams and contribute to research and evaluation of this role
8. Carry out initial assessments and periodic reviews
9. Linking in with the community team to support service users access the café. Offering ad hoc support to the community team caseload.
10. Ensure confidentiality of the service and that the service users are respected at all times.
11. Provide regular reports as required

12. Maintain clear, accurate individual records using Apricot database system
13. Ensure tools for measuring outcomes are used during the course of working with individuals and groups
14. Maintain own personal development and keep up to date with current knowledge and health and social care agenda through reading, attending study days, conferences and meetings as appropriate
15. Work within Health and Safety guidelines, with reference to the Lone Worker Policy and individual risk assessments
16. Compliance with the Equality Act, and Health and Safety legislation
17. Attend regular supervision with named supervisor.
18. Attend café facilitators' supervision and peer support group supervision
19. Participate in the organisation's appraisal process
20. Ensure that all activities are operated in a way which is consistent with the values of Head Room Café
21. Carry out any other reasonable duties as requested by your line manager or another designated senior manager

Flexibility

To deliver services effectively a degree of flexibility is needed and all post-holders may be required to perform work not specifically referred to above. Such duties will fall within the general scope of the job description. The job description will therefore be subject to periodic review with the post holder to ensure it accurately reflects the duties of the job.

Disclosure of criminal background

All employees are checked with the Disclosure Barring Service

If it is a requirement of the post that an enhanced check is undertaken, successful applicants will be asked to complete and sign a Disclosure Form giving permission for the screening to take place.

Having a criminal record will not necessarily bar you from working with Jami. This will depend on the nature of the position and the circumstances and background of offences.

Please note applicants refusing to sign the form will not be progressed further.

Confidentiality

All information relating to service users, volunteers and staff gained through your employment with Jami is confidential. Any disclosure to any unauthorised person is a serious disciplinary offence.

Training and Qualifications

Essential	Desirable
	<ul style="list-style-type: none"> • Peer Support training

Knowledge and Experience

Essential	Desirable
<ul style="list-style-type: none"> • Drawing on lived experience to build positive relationships and support others • Group work • One-to-one work • Working in partnership with other agencies • Using social media platforms to promote mental health awareness and mental health services • Good IT skills, including Microsoft Office • Good verbal & written communication skills • Ability to work independently • Knowledge of equal opportunities • Ability to manage challenging situations • Ability to engage & support people with mental health problems 	<ul style="list-style-type: none"> • Working in a complex and changing environment • Designing and delivering training • Supporting volunteers • Working with young people • Local knowledge of community resources and facilities

Communication skills

Essential	Desirable
<ul style="list-style-type: none">• Strong written and verbal communication skills	<ul style="list-style-type: none">• Good presentation skills

Personal Qualities

Essential	Desirable
<ul style="list-style-type: none">• Self-awareness & self-development• Self-motivation• Professional integrity• Time management skills• Ability to manage personal stress	

For further details/informal visit please email **Daniel Neis** - daniel.neis@jamiuk.org

- Closing date for applications **Wednesday 13th November**
- Interviews are likely to take place week commencing **Monday 25th November**