## Programme for Jami Finchley November 2019 – Cheshvan/Kislev 5780

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Sunday	Monday	Tuesday	Wednesday	Thursday
11 am - 3.30 pm	monday	11 am - 3.30 pm	11 am - 3.30 pm	11 am - 3.30 pm
3	4	5	6	7
11:30am – 12:30pm Sunday Social  2:00pm – 3:00pm  Mark Summerfield brings in Donny the Dog!	Hub opens at 12:15pm 12:30pm – 2:00pm Casual Crafts With Andrew	11:30pm – 12:30pm  Crystal Art With Carole  2:00pm – 3:00pm  Head Room in the Hub Maintaining Motivation	11:30am – 12:30pm Yoga 2:00pm – 3:00pm  Any Problem Group With Alyson *Computer lessons With Carole – Please book a slot (2pm to 4pm) *	11:30am – 12:30pm 'Feel Good' with Ros 2:00pm – 3:00pm  with Tracy Exercises to music move your body, get more flexible & fitter.
10	11	12	13	14
CAMDEN ARTS CENTRE The Island Exhibition Meet Lorrayne at Golders Green Station 11:30am *Moderate walking involved* For more info call on the day: 07522194290 ES HUB IS CLOSED	ES HUB CLOSED	11:30pm – 12:30pm  Crystal Art With Carole  2:00pm – 3:00pm Learning Hebrew & Jewish Stories With Sue Landy	11:30am – 12:30pm Yoga  2:00pm – 3:00pm Music Appreciation With Dave Richman  *Computer lessons With Carole – Please book a slot (2pm to 4pm) *	11:30am – 12:30pm 'Feel Good' with Ros Or Poetry with Judy.K 2:00pm – 3:00pm The Big Quiz With David Blanga
17	18	19	20	21
	Hub opens at 1:50pm	11:30pm – 12:30pm	11:30am – 12:30pm <i>Yoga</i>	11:30am – 12:30pm 'Feel Good' with Ros
11:30am – 12:30pm Sunday Social 2:00pm – 3:00pm Adam plays Guitar music – Jewish songs and requests.	2:00pm – 4:00pm WHETSTONE POOL AND SNOOKER CLUB Meet Andrew at Jami Finchley Centre at 2pm	Crystal Art With Carole 2:00pm – 3:00pm Writing Group With Jess	2:00pm – 3:00pm  'Uno-versity Challenge' Card Game Tournament With Jess Harris *Computer lessons With Carole – Please book a slot (2pm to 4pm) *	2:00pm – 3:00pm  With Tracy  Exercises to music move your body, get more flexible & fitter.
Sunday Social  2:00pm – 3:00pm  Adam plays Guitar  music – Jewish songs	WHETSTONE POOL AND SNOOKER CLUB Meet Andrew at Jami	With Carole 2:00pm – 3:00pm Writing Group	'Uno-versity Challenge' Card Game Tournament With Jess Harris *Computer lessons With Carole – Please book	with Tracy Exercises to music move your body, get
Sunday Social  2:00pm – 3:00pm  Adam plays Guitar  music – Jewish songs  and requests.	WHETSTONE POOL AND SNOOKER CLUB Meet Andrew at Jami Finchley Centre at 2pm  25  From 4:30pm North Finchley Vue Meet there or go from	With Carole  2:00pm – 3:00pm Writing Group With Jess  26  11:30pm – 12:30pm  Crystal Art With Carole  2:00pm – 3:00pm	'Uno-versity Challenge' Card Game Tournament With Jess Harris *Computer lessons With Carole – Please book a slot (2pm to 4pm) *	with Tracy Exercises to music move your body, get more flexible & fitter.



Coffee & Exhibitions
at a new location each month with Joanna
Wed. 6th November from 2pm
For more info:

Please see Edgware programme or contact Joanna. <u>joanna.hahessy@jamiuk.org</u>

or 020 8458 2223

Friday Night Service & Dinner At the Martin B. Cohen Centre, Edgware On 29<sup>th</sup> November 2019 at 6pm





Cost £7.50 For more information, or to book, call Priscilla on 020 8458 2223

The Elliott Simmons Centre for Wellbeing 55 Christchurch Avenue, London N12 0DG T: 020 8458 2223

Lunch Served Daily at 1:00pm (except Mondays). Members must be in by 12:40pm to guarantee a meal. Deli lunch on Sunday.





**Tube: West Finchley (Northern Line)** 



For more info: T: 020 8458 2223 E: andrew.barbarash@jamiuk.org

## Jami Pool & Snooker Monthly Meet Up!

Monday November 18th 2 to 4pm!

Second last Monday off each month.

£3.00 for the afternoon, Whetstone Snooker Club.

Meet Andrew at Jami Finchley Centre at 2pm

5-10 min bus ride there.

Play Pool or Snooker

For more info contact Andrew:
E: andrew.barbarash@jamiuk.org or T: 020 8458 2223



Enjoy relaxed one to one sessions with our volunteer Carole! WEDNESDAYS 2-4pm

- Learn a number of basic computer skills at your own pace including... how to create an email account, online shopping and how to use social media.
- Help with looking up events, products or services you are interested in.
- How to use your mobile phone and tablet.
- For more info please speak to Andrew



Fun outings in & around London
With Lorrayne Bratter
Alternate Sundays each month
For more info:
lorrayne.bratter@jamiuk.org
CALL: 07522194290
only available on
Sundays from 9:45am

## THE BIG QUIZ Afternoons!



How's your knowledge?
Enjoy interactive quizzes
with David Blanga
Get on the Wall of Champions!
THURSDAYS when advertised
The Elliot Simmons Centre 2-3:15pm