






Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
1:00pm – 2:00pm Lunch  2:00pm – 3:00pm <i>Creative writing</i>		Coffee and Culture   2:00pm – 4:00pm Coffee and Culture  See reverse for details	1:00pm – 2:00pm Lunch  2:00pm – 3:00pm <b>Quiz: Rashi</b>	
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
1:00pm – 2:00pm Lunch  2:00pm – 3:30pm <b>TED</b> Talks <b>ELI</b> talks			1:00pm – 2:00pm Lunch  2:00pm – 3:30pm Board Games & Mindful Colouring 	
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
1:00pm – 2:00pm Lunch  2:00pm – 3:00pm <b>OT Workshop</b> with Laura & Amber			1:00pm – 2:00pm Lunch  2:00pm – 3:30pm  <i>in the Hub</i>	
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
1:00pm – 2:00pm Lunch <b>2:00pm – 3:30pm</b> Session with Raul  			1:00pm – 3:00 <b>Rosh Hashanah Celebration!!</b>  	
<b>30</b>	<b>31</b>			
<b>CLOSED</b>  <b>ROSH HASHANAH</b>	<b>CLOSED</b>  <b>ROSH HASHANAH</b>			

**The Hackney Hub Kadimah service**  
 Gated entrance at 141 Stoke Newington Road N16 8BP  
**T: 020 8458 2223**

**London Overground: South Tottenham, Stamford Hill, Stoke Newington**  
**Bus: 67, 76, 149, 243,**

## Coffee and Culture



### **Join Simone for the Coffee and Culture Club**

#### **WHEN?**

Wednesday 4<sup>th</sup> September  
2pm – 4pm

#### **WHERE?**

Meeting point:

Starbuck's, 442 Strand, Charing Cross, WC2R 0QU  
(Nearest station is Charing Cross on Bakerloo line and Northern line)

Exhibition:

BP Portrait Awards 2019 @ the National Portrait Gallery



---

## *Rosh Hashanah Celebration!!*

*Thursday 26 August 1:00p.m. – 3:00p.m.*

*Join us to celebrate the Jewish new year with hub made sweet treats, challah, apples & honey. We will have music, decoration making and a quiz.*

---

Join Laura and Amber our resident Occupational Therapists for an interactive workshop on all things OT!!

Monday 16<sup>th</sup> September 2:00p.m.