



The Mental Health Service for our Community

Job description

Job title	Occupational Therapist
Qualification	In addition to qualified applicants, we will consider applicants who can evidence that they are due to receive their qualification imminently.
Contract	Permanent
Hours	Up to 37.5 hours per week
Salary	Commensurate with qualifications and experience
Service setting	Jami resources and local communities

Organisation

Jami was established in 1989 by parents, relatives and friends of people who experienced mental health difficulties. In 2013 Jami became responsible for the community's non-residential mental health provision, creating a single mental health service for the Jewish community.

Job Purpose

You will be working as part of a newly formed community team, creating effective links with primary care and voluntary sector organisations to support people. You will carry out initial assessments and short evidence-based interventions enabling people to identify their needs and goals.

Key Tasks

- To work as a member of the multi skilled community team providing support to members of the Jewish community experiencing issues with their mental health.
- To manage a 1:1 caseload.
- To support people on their recovery journey enabling them to identify their goals and work towards them.
- To work as part of a multi skilled team to deliver a recovery focussed mental health community service.
- To liaise with statutory and non-statutory support organisations and signpost where appropriate

- To carry out duties which may not be routine.

Key relationships

- Collaborate with other statutory and voluntary sector agencies and ensure that service users are signposted onto appropriate agencies such as housing, counselling and advice
- Liaise with the local community to provide good working partnerships
- Attend local meetings, workshops and conferences of relevance to the service

Principal accountabilities/responsibilities

1. To work as a full and effective member of the staff team.
2. To provide specialist skills using recognised standardised and non-standardised evidence-based assessment tools.
3. To complete initial assessments and periodic reviews as required
4. To carry out face to face and telephone duty assessments as required.
5. To use the MOHO model and tools to assess and address occupational performance skills in the areas of lifestyle management, motivation, self-care, productivity and leisure, interpersonal skills and cognitive skills.
6. To enable and encourage individuals to live as independently as possible through interventions that focus on:
 - Domestic activities of daily living as such cooking skills, cleaning and shopping.
 - Independent living tasks such as budgeting, bill paying and tenancy issues.
 - Support and development of communication and interaction skills.
 - Encouraging involvement in meaningful activities through local groups, volunteering, educational institutions, employment.
7. In Line with the service user involvement strategy, coproduce:
 - Meaningful support plans with caseload clients
 - User led activities designed to develop people's skills / strengths, promote independence, self-esteem and self-worth
 - New initiatives which seek to improve social inclusion and quality of life
6. To liaise with statutory and non-statutory organizations to provide coordinated support
7. To maintain up to date and accurate electronic records as required by existing procedures
8. To participate in service audits and research projects.

9. Maintain own personal development and keep up to date with current knowledge and health and social care agenda through reading, attending study days, conferences and meetings as appropriate
10. Work within Health and Safety guidelines, with reference to the Lone Worker Policy and individual risk assessments
11. Compliance with the Equality Act, and Health and Safety legislation
12. Attend regular supervision with named supervisor
13. Participate in the organisation's appraisal process
14. Ensure that all activities are operated in a way which is consistent with the values of Jami and the Jewish community it serves.
15. Carry out any other reasonable duties as requested by your line manager or another designated senior manager

Supervision

The post holder will be expected to: -

- Attend regular supervision with named supervisor.
- Incorporate feedback from supervision into practice.
- Participate in a programme of continued personal development.
- Attend relevant meetings

Flexibility

To deliver services effectively, a degree of flexibility is needed, and all post-holders may be required to perform work not specifically referred to above. Such duties will fall within the general scope of the job description. The job description will therefore be subject to periodic review with the post holder to ensure it accurately reflects the duties of the job.

Disclosure of criminal background

All employees are checked with the Disclosure Barring Service

If it is a requirement of the post that an enhanced check is undertaken, successful applicants will be asked to complete and sign a Disclosure Form giving permission for the screening to take place.

Having a criminal record will not necessarily bar you from working with Jami. This will depend on the nature of the position and the circumstances and background of offences.

Please note applicants refusing to sign the form will not be progressed further.

Confidentiality

All information relating to service users, volunteers and staff gained through your employment with Jami is confidential. Any disclosure to any unauthorised person is a serious disciplinary offence.

Training and Qualifications

Essential	Desirable
<ul style="list-style-type: none"> Professional qualification in Occupational Therapy (or evidence that this qualification is soon to be awarded) Registered with HCPC and BAOT (or evidence that registration is soon to be completed) Maintains a portfolio of CPD in line with regulatory body standards 	

Knowledge and Experience

Essential	Desirable
<ul style="list-style-type: none"> Experience of working with people with mental health problems Initial assessment skills Risk assessment and risk management skills Working knowledge of Recovery principles and values An understanding of service user involvement An understanding of the needs and difficulties of people who experience mental health problems. Ability to develop practical solutions to problems that may arise. Ability to interact with staff of all disciplines and work as part of a multidisciplinary team. Ability to form good working relations with professionals from other agencies 	<ul style="list-style-type: none"> Local knowledge of community resources and facilities Experience and knowledge of the Jewish community Ability to gather, analyse and interpret data

<ul style="list-style-type: none"> • Ability to form good working relationships with people who have mental health problems. • Ability to help clients develop and maintain living skills, with support from the multiskilled team. • An understanding of the link between occupation and health and wellbeing • An understanding of how mental illness impacts on occupational performance. • An awareness of own learning needs and CPD • Evidence of participation in evidence-based practice • Good IT skills • Good written and verbal communication skills. 	
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Communication skills

Essential	Desirable
<ul style="list-style-type: none"> • Strong written and verbal communication skills 	<ul style="list-style-type: none"> • Formal presentation skills

For further details/informal visit please contact **Louise Palmer** on **020 8458 2223** or email **louise.palmer@jamiuk.org**

- Closing date for applications **Sunday 23rd June**
- Interviews are likely to take place week commencing **Monday 8th July**
- For more information and how to apply go to **www.jamiuk.org**