

Volunteer Co-Facilitator for Young Male Adult Support Group

About Jami

Jami was established in 1989 by parents, relatives and friends of people who live with mental illness. In 2013 Jami became responsible for the running of the community's non-residential mental health provision, creating a single mental health service for the Jewish community in London and the South East. Working alongside statutory services, Jami is committed to supporting people to fulfil their potential, maximise their self-esteem and progress along their own unique pathway towards recovery. Jami's focus is on recovery from mental illness. We support people at any point on their recovery journey, helping them to develop the skills to live life to the full.

The role

We are looking for a co-facilitator of our new male mental health support group for Jewish young men in North West London aged 20-25. The role involves helping to organise, develop and lead the group in collaboration with a Jami peer support worker to help the group decide on activities. It will meet initially in Golders Green at the Jami Headroom Café every 4 – 6 weeks.

Duties

To help lead meetings as a co-facilitator and to assist in developing and organising the group.

Skills and previous experience

You are a confident person who enjoys engaging with people socially and have good communication skills. You have compassion, empathy and an enjoy meeting with different members of the community. Interest in mental health issues is vital. You should have non-judgemental listening skills.

What we can offer you

Full training and ongoing support will be provided. Jami volunteers benefit from free access to a wide range of Jami mental health training in our Headroom education prospectus and from the professional expertise in a cutting-edge mental health environment.

Hours

Attendance at meetings every four to six weeks and occasional additional preparation meetings which will be in the afternoon or evening. All volunteers are expected to be committed for at least one year.

Other information

Any reasonable travel expenses will be reimbursed.

We welcome applications from throughout the Jewish community and beyond. For more information about Jami please see www.jamiuk.org

To apply or to find out more please contact the Jami Volunteer Coordinator, Kelvin Zane. Email kelvin.zane@jamiuk.org or call 020 8458 2223.